



Medico Pak Patient Factsheet

SMARTER • SIMPLER • SAFER

DID YOU KNOW YOUR MEDICINE MAY NOT BE WORKING EXACTLY AS YOUR DOCTOR PRESCRIBED?

1 in 4 Australians aged 50+ take ongoing medications for more than one chronic therapy condition[1]. Non-adherence and errors when taking multiple and often complex combinations of medications is very common. In fact, almost 30% of hospitalisations for patients aged 65+, are due to medication-related occurrences[2]. According to new research, only 1 in 6 patients aged 50+ taking multiple medicines use a medicine management tool (MMT), putting a large percentage of patients at risk of a medicine mishap[1].

The most common reason for people not using a MMT is because they believe they can rely on habitual prompts to remember to take their medications. We know from data gathered when prescriptions are filled that numerous people are missing many of their prescribed doses[3]. This can lead to poor health outcomes and risk of medications failing to do the job they are prescribed for.

There is now a solution that safe guards you against medical mishaps and helps you comply with taking the correct dose of the medications that your doctor prescribes to ensure your wellness.

IS MEDICO PAK FOR ME?

Do you or a loved one take a number of different medicines, once a day or multiple times throughout the day? Do you lead a busy life and need a smarter, simpler and safer way to organise your medication?

Then Medico Pak is perfect for you.

- Ensures you get the full benefits of your medications by reducing your chance of under or overdosing
- Packed by your pharmacist, you can easily see if your medication has been taken
- Clear instructions for a single dose, daily or weekly doses of your medications
- Portable and discrete for busy people
- Maintains your independence and peace of mind with one easy pack that you control

1. Pharmacy Guild Australia - The 2016 Healthy Futures Report part 2 "Openness, mood and perceptions towards Dose Administration Aids"

2. Literature Review: Medication Safety in Australia August 2013 [Australian Commission on Safety and Quality in Health Care]

3. Kos Sclavos, Plenary: Dealing with the tsunami of DAA patients and managing consumer perceptions. APP 2016; Gold Coast Convention Centre, Gold Coast, Qld.

Find a Medico Pak near you at mypaksolutions.com.au

How does it work?

PACK CONTENTS

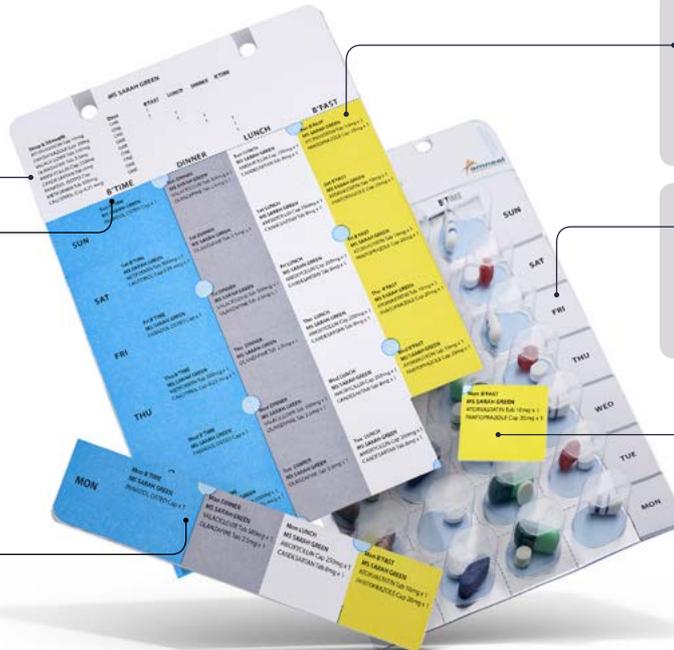
A full description of the medicines contained in your pack

TIME

The dose and time are clearly printed on the front and back of your pack

CONVENIENT TEAR-OFF BLISTERS AND STRIPS

Tear-off an entire day's worth of medication or a single blister. Great if you are on an outing or if a child needs to take medication to school



BLISTER CONTENTS

Printed here is your name, medication details day, time, strength and dosage

DAY OF THE WEEK

The day is clearly identified on the front and back of your pack

Sealed, secure dose every time

Simply take your scripts into a pharmacy that provides a Medico Pak service.

Pick up your personalised, convenient, multi-medicine organiser at a time of your choice.

Medico Pak is trusted by health professionals such as doctors, pharmacists, nurses and carers. Your pharmacist or doctor are the best professionals to advise whether you will benefit from a Medico Pak.

How to use Medico Pak

1



Bend along the two perforated edges of the single blister or row of blisters you want to remove

2



Carefully tear along the perforated edge

3



Remove the single blister or the full strip

4



Open your blister from the corner indicated and remove your medication/s

5



You may also use the convenient 'pill popper' available from your pharmacy or a teaspoon works well too.

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